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The Hong Kong Jockey Club Charities Trust
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WEBINAR: Community Support to Manage Psychological Distress in Youths at Times of Crisis

網上研討會: 處理青少年於危機時期心理困擾的社區支援

How can community players such as school teachers and youth workers help manage psychological distress faced by youth at times of crisis? What are the opportunities and difficulties in practice? Do youths have particular vulnerability? What are the mental health care support entry points for youths? The target audience of the webinar include school teachers, youth workers, social service providers, emergency workers, parents, etc.

Click into our Facebook Page at the time of the Webinar:

www.facebook.com/hkjcdpri/ or search "Youths at Times of Crisis".

Date 日期: 4 / 10 / 2019

Time 時間: 18:00—19:15

針對處於危機時期的青少年，老師和青年工作者等社區持份者如何幫助他們面對心理困擾？實際上會出現哪些機會和挑戰？究竟青年人是否有特別的心理弱點？青年心理健康支援服務又有甚麼切入點？

本網絡研討會歡迎任何有興趣人士參與，包括老師、青少年工作者、社會服務者、應急人員、家長等。

請於上述時間瀏覽本中心的臉書頁面: www.facebook.com/hkjcdpri/ 或輸入「青少年於危機時期心理困擾」。



18:00 — 18:30 Manchester: Outreach, Screening, and Follow Up Support for High Volume Psychological Distress

DR ALAN BARRETT

Consultant Clinical Psychologist & Strategic Clinical Lead. Manchester Resilience Hub
[Presenter will speak in English]



18:30 — 19:15 Psychological Concerns on Youths regarding Recent Social Unrest in Hong Kong 如何關注近日社會事件對年青人的心理影響

PROF PETRUS NG 吳日嵐教授

Hong Kong Association of Doctors in Clinical Psychology 香港臨床心理學博士協會
[講者將以廣東話發言]



18:30 — 19:15 Useful tips for School Teachers and Youth Workers to help Youths in facing the Recent Social Unrest in Hong Kong 心理實用錦囊

DR STEPHEN MANN 萬家輝博士

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[講者將以廣東話發言]